

## LUNCH – WEEK 20 (13.-19.5.2024)

<b>MON</b> Lunch buffet	Coconut and meat stew African style (G*, L, D) Harissa yogurt dressing (A, G*, L) Vegetable patties mexican style (G*, L, D, Veg) Mushroom and parsnip soup (G*, L, D, Veg)
Warm side	Turmelic rice (G*, L, D, Veg) Steamed carrots (G*, L, D, Veg)
Dessert	Cinnamon apple yogurt (A, G*, L) Coffee (A, G*, L)
<b>TUE</b> Lunch buffet	Macarone and meat cassarole (A, L) Feta tzatziki (A, G*, L) Beetroot and hemp patties (A, G*, L, D, Veg) Arabian lentils soup (A, G*, L, D, Veg)
Warm side	Bulgur (A, L, D, Veg) Honey roasted swede (G*, L, D)
Dessert	Blackcurrant whipped porridge (A, L, D) Coffee (A, G*, L)
<b>WED</b> Lunch buffet	Limoncello chicken (A, G*, L) Tikka Masala tofu (A, L, D, Veg) Sweet potato soup (A, G*, L, D, Veg)
Warm side	Dirty rice (A, G*, L, D, Veg) Roasted beetroot with thyme (G*, L, D, Veg)
Dessert	Coconut yogurt pudding with strawberry sauce (A, G*, L) Coffee (A, G*, L)
<b>THU</b> Lunch buffet	Caramelized pork (A, G*, L, D) Barbeque mayonnaise (A, L, D) Chanterelle soup (A, G*, LL) Fennel soup (G*, L, D, Veg)
Warm side	Roasted potatoes (G*, L, D, Veg) Grilled tomatoes (G*, L, D, Veg)
Dessert	Eton mess (A, L) Coffee (A, G*, L)
<b>FRI</b> Lunch buffet	Fish burger (A, L) Sour cream sauce with cucumber and dill (A, G*, L) Vegetable Korma (A, G*, L) Roasted beetroot soup (A, G*, L, D, Veg)
Warm side	Roasted herb potatoes (G*, L, D, Veg) Roasted cauliflower and broccoli (G*, L, D, Veg)

We reserve the right to changes. (Veg) Vegan (D) Dairy free (L) Lactose free (LL) Low in lactose (G) Gluten free (A) Includes allergens. Includes some of the following allergens: eggs and egg products, milk and dairy products, shellfish, molluscs, fish, peanuts, sesame, soya, sulphur dioxide and sulphites, nuts, cereal's containing gluten, celery, mustard, lupine, soy, and sesame seeds.  
 Antell's home made pancakes (A, L)  
 Whipped cream (A, G\*, L)  
 Berry jam  
 We use meat from Finland. We will notify in writing if the origin is some other country.